



[Tina Schermer Sellers, PhD](#) has had a distinguished career as an educator, sex therapist, family therapist, speaker, author, consultant, and thought leader. She serves as an Associate Professor of Marriage & Family Therapy and Director of Medical Family Therapy at Seattle Pacific University. Her popular blog is filled with inspiring ideas on marriage, parenting, spirituality, sexuality and socio-political culture.

Dr. Sellers also founded the [Northwest Institute on Intimacy](#), whose mission is to provide training in sex therapy and spiritual intimacy for psychotherapists and to provide a solid referral source to physicians, clergy, and community leaders. Her relentless passion for couples and families to know sexual and spiritual abundance, health and healing have won her several awards and requests for radio, TV and podcast interviews.



Tina's community built website, [www.ThankGodForSex.org](http://www.ThankGodForSex.org), is internationally acclaimed. Inspired by the [ItGetsBetter.org](http://ItGetsBetter.org) Project, TGFS brings video stories of people who are healing from religious sexual shame. In addition to personal videos, the website is filled with podcasts of live events, blog posts, a store and other resources. It is a site committed to bringing voice, education, grace and solidarity to a community that has been isolated in sexual shame for far too long. Receiving rave reviews, her book [Sex, God & the Conservative Church – Erasing Shame from Sexual Intimacy](#) was published in the spring of 2017 by Routledge Press.

Tina lives in Seattle with her beloved Gary, where they have four grown kids, four grand-puppies, and a brand new baby grand-daughter!

*“Tina is uniquely gifted at taking difficult subjects and making them feel safe. Her ability to take the dark hidden shames of one’s past from religion, sexual experiences and relationships, and create a healing environment, is incredible. And Tina wraps it all in fascinating content and a breadth of wisdom from the biological and medical fields, to relational, to social and spiritual research. There are few speakers who I would universally recommend someone learn from. Tina is one.”*

*Dr. Kathrine Lacy—Owner, Mind to Win The United Kingdom*