



OCTOBER 11 – 14, 2012 At the **Pan Pacific Hotel, Seattle, WA**

If life and demands have *taken the spark out* of your love life or if you want to keep the *fire of desire burning*, this 3 day couple's intimacy retreat will promise to ignite the flame. Like becoming a great musician, *becoming a great lover* is more than just desire ... it's an *ancient spiritual art form*. Unfortunately due to culture and traditional religious teaching most are unaware of the powerful *capacity for healing and sexual pleasure* available when sexuality is infused with spirituality. God gave us the delicious experience of sexual desire and sexual expression on purpose - with the intent that we would experience abundant aspects of what it is to love deeply – both the giving and receiving. We were created to know *potent experiences of loving* a beloved other. It is our mirror experience into the Creator's great love for us. During the *Sacred Intimacy Retreat*, couples set time aside to *invest in becoming the lovers they were created to be*. Over breakfast we uncover the *spiritual side of sexuality* and unpack all the messages of sexuality that have hindered us. We have lunch together and then spend time in men's and women's groups discussing what it means to apply what we are learning. *Private time* is allocated each afternoon for couples to *practice new ways to enhance sexual and spiritual intimacy* through specific sacred touching practices.

While you are rekindling desire, the Pan Pacific will provide the *ultimate sensual feast* for sight, sound, smell, taste and touch!! The hotel is beautiful and sits at the heart of the newest vibrant Seattle neighborhood. Sensual nourishment is one of the things the *Pan Pacific* does best – the rooms are elegant with *two person tubs*, ipod docs for your favorite music, and beds with *sheets that are luxurious*. The food for the opening and closing receptions and breakfast and lunch each day will be made by John Howie's *Seastar Restaurant* adjacent to the hotel. Delicious doesn't even begin to describe it! And if you have a hankering for more chocolate or a container of *fresh raspberries* ... Whole Foods is on the bottom floor!

As a couple's therapist, I can tell you that *this retreat heals and reconnects relationships unlike any other form* of intervention I have known. A year of therapy will run you \$7200, a disconnected marriage, much more ... don't let the slow slide of a fading connection catch you by surprise! This 3 day retreat promises to nourish and restore you, your marriage and your sexual intimacy and is \$1995.00. This covers all training material, the intimacy program, opening and closing receptions and breakfast and lunch each day. Rooms are booked separately directly with the hotel and are being offered at \$159/night (regularly \$250-\$325/night). This retreat is only offered 1 – 2 times a year and fills up fast – so don't delay. Registration is open to 8 couples!

Come experience what you and your marriage were created for - and enter an amazing new world where love and intimacy flourish.

To register: <http://www.surveymonkey.com/s/GSSRWebRegistration> **For more information:** www.tinaschermersellers.com

What couple's are saying – This retreat did a wonderful job of showing me what's been missing in my view of intimacy and sexuality. It's put our marriage on an upward trajectory and brought back some of that "honeymoon" feeling for us. Shane, Married 19 yrs

This retreat is something I wish I had done 20 years ago. The things you will learn about yourself, about your spouse, about your marriage, about intimacy, about God will blow you away and change your life for the better forever. Go! Angie

This retreat changed our marriage and I don't just mean our sex life. Truly, the way we interact with each other will never be the same. Sarah, Married 4 years

This was the best time and money I have ever spent on a vacation. We all like to get a good return on our investment. I can honestly say the lifelong return on this investment cannot be beat. Zack

This is an opportunity to listen, share and learn how to love and be loved and be more connected in your relationship. It's something every couple should learn so their marriage can be all that it can be. Terry, Married 31 yrs

This retreat has left me forever changed, in every way. Not only is my marriage better, but I feel like I'm a better woman, a better mom, a better person. Angela, Married 19 yrs

This is absolutely an investment that warrants consideration given how influential the connection with your partner is to personal well-being, happiness, fulfillment, and hope in life. If you value these things, and you find yourself lacking, then this is an opportunity to get positive, long-lasting results in a short period of time. Joe, Married 6 years

You can't put a price on your marriage. Seriously, for our situation this was not financially easy. However, in the end it was worth every penny! Amanda

The weekend provides an opportunity to focus on each other in ways we rarely do, and to view the gift of sexuality in a powerfully healthy way. Bill, Married 40 yrs

This retreat is not to be missed if you seek to take your relationship to a new deeper level of connection, communication, and spirituality. Luke, Married 15 years

I have learned to be intentional to set time aside - time for love-making (not just intercourse) – where we prepare our hearts and minds for that time together. Within that time we are spontaneous and enjoy the moment wherever it leads us. Leslie, Married 30 yrs

Tina Schermer Sellers is a licensed family therapist and certified sex therapist. A frequent speaker, nationally and internationally, she draws from 20 years of clinical and teaching experience to help craft relationships and lives that flourish. In recent years, Tina has done extensive study on the impact of culture and organized religion on sexual and spiritual health. In her trainings she uncovers discarded mystic Hebrew teaching revealing a sacred sexual ethic that illuminates the purpose and hope in God's gift of sexual desire and sexual communion. Tina has helped hundreds of couples heal broken relationships and discover a passionate intimacy they didn't know was possible.

